

# Class SCHEDULE

SURYA CHANDRA YOGA

Studio: C. 40ª 438C, Centro, Merida

Mon	Tue	Wed	Thu	Fri
7:00 - 8:00 AM <i>'Breathe &amp; Flow'</i> 📍 *PARQUE LA PLANCHA*	 7:30 - 8:30 AM <i>'Yoga Basics'</i>	7:00 - 8:00 AM <i>'Breathe &amp; Flow'</i> 📍 *PARQUE LA PLANCHA*	 7:30 - 8:30 AM <i>'Yoga Basics'</i>	7:00 - 8:00 AM <i>'Breathe &amp; Flow'</i> 📍 *PARQUE LA PLANCHA*
8:30 - 9:30 AM <i>'Gentle Yoga'</i>		8:30 - 9:30 AM <i>'Gentle Yoga'</i>		8:30 - 9:30 AM <i>'Gentle Yoga'</i>

📍 \*PARQUE LA PLANCHA\* = C. 46 x C. 51 (UNAY)